

THE PLASTIC SURGERY CENTRE

Informed Consent – Pan Facial Fat Grafting

Instructions

This is an informed-consent that has been prepared to help Dr. Waslen inform you about Pan Facial Fat Grafting surgery, its risks as well as its alternative treatments.

It is important that you read the following information carefully and completely.

Introduction

Fat injection is a surgical procedure to minimize wrinkles and indentations of the body surface. It is most commonly used around the face to help in facial rejuvenation.

Fat injection is customized for every patient depending on his or her particular needs. It can be combined with other surgeries or done alone. It cannot stop the aging process or prevent more wrinkles from developing with time.

Alternative forms of management include

- No treatment at all
- Injection of other fillers such as Juvederm or Restylane
- Botox injections
- Dermabrasion
- Chemical peels
- Laser resurfacing
- Lifts
- Excisions

Each alternative form of treatment has its own risks and potential complications.

Risks of fat injection

Every surgical procedure involves a certain amount of risk, and it is important that you understand the risks involved. An individual's choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience the following complications, you should discuss each of them

with Dr. Waslen to make sure you understand the risks, potential complications, and consequences of fat injection surgery.

Bleeding – It is possible, though unusual, to have a bleeding episode during or after surgery. Do not take aspirin or anti-inflammatory medications for two weeks before surgery or 24 hours after surgery as this may contribute to a greater risk of bleeding. It is not unusual to see a small amount of bleeding from the surgical sites and bruising of the surgical sites after surgery.

Infection – Infection is a very rare after surgery. Should an infection occur, additional treatment including antibiotics might be necessary.

Scarring – Although good wound healing after a surgical procedure is expected, abnormal scars may develop if the overlying skin has poor circulation, as a result of the injection. If that happens, treatment for the scarring may be necessary. It is normal to have hardness in the area of injections that may last several months. Dr. Waslen will instruct you when to do massage.

Unsatisfactory results – There is the possibility of a poor result from the fat injection surgery. The correction of the problem may not be permanent if the fat becomes absorbed completely. Normally about 50% of the fat may be absorbed and the surgeon will inject more than necessary to make up for the expected absorption of the fat graft. It is very probable that you may need two or three fat injections surgeries to accomplish a satisfactory result.

Donor site problems – There might be bruising and numbness (usually temporary) of the fat donor site.

Long-term effects – As a person ages there will be more wrinkles and other defects that will develop. Fat injection does not arrest the aging process or change the skin quality. Future surgery may be necessary to maintain or improve the results of fat injection surgery.

Surgical Anaesthesia – Local anaesthesia is usual but some patients may prefer general anaesthesia. In either case, there is the possibility of complications, injury and even death from all forms of surgical anaesthesia or sedation.

Financial responsibilities

The cost of surgery involves several charges for the services provided. The total includes fees charged by your doctor, the cost of surgical supplies, laboratory test, and anesthesia. The patient is responsible for all necessary charges. Additional charges may occur should complications develop from surgery. Secondary surgery charges involved the revisionary surgery would also be your responsibility.